

WIN A \$4,000 SPA TRIP FOR TWO

# Lifetime

real life real women

NEW  
MAGAZINE  
from  
Lifetime TV

the pill that may help  
**stop breast cancer**  
(it's in your medicine chest)

## relax

cozy clothes ■ feel-good reads  
■ easy stress-busters ■ simple food

PASS THE TISSUES  
"My friend saved my life"

## 20 QUICK

**Diana**  
Against  
she hit t

FREE I  
Hallow



### LIGHT A CANDLE FOR THE CAUSE

Snap up this Karen Klein candle (loved by Catherine Zeta-Jones), and you'll support Lifetime Television's Stop Breast Cancer for Life campaign. Through December 16, for every \$22 candle purchased, Lifetime will donate \$2 to the National Alliance of Breast Cancer Organizations. Add \$6 shipping for the first candle, \$1 for each additional candle. To order, call 800-932-9913 and mention *Lifetime* magazine.

Magazine Placement provided for Karen Klein.